

126th Eglinton parkrun 01/08/15

We had a fine morning but the course was puddly and muddy. We now have a path of stones taking us into the woods but the wood itself is very slippery. Mud and puddles what could be more fun.

140 runners took part on Saturday with eight of those running for our club. This is they

Jim Sneddon 1stMV45-49
John Surgenor 1stMV60-64
Joe McNamee 1stMV55-59
Jim White
Jennie Jackson 1stWV55-59
Pamela Porteous 1stWV40-44
Liz Colquhoun
Ian McManus

Liz got yet another PB bringing that to 6 out of a possible 8 this time taking 26secs off the previous best of last week. Excellent Liz well done.

We had two of the lads helping with the stewarding of the event and they were Mike Flinn and Ross Laye.

Another successful week at the parkrun for the club with 5 fastest in age category and both Jim and Ian being second in their category.

Many thanks to all who represented the club at the event.